

# AWARD SPECIFICATION



## Surf Coach Safety and Rescue

<b>Minimum Age at Assessment:</b>	16 years
<b>Minimum Guided Learning Hours:</b>	25 GLH
<b>Pre-Requisites:</b>	Be an existing member of SLSGB Be able to perform a continuous 200m swim (in the pool or open water)
<b>Validity:</b>	24 months from assessment, then 12 month annual proficiency (as long as validity has not lapsed)
<b>Continuous Professional Development (CPD):</b>	Not Applicable
<b>Trained By:</b>	Trainer Assessor
<b>Assessed By:</b>	Trainer Assessed
<b>Units to be taken in order to achieve this Award:</b>	<ul style="list-style-type: none"> <li>• Beach Environment</li> <li>• Beach Patrolling</li> <li>• Working Practices</li> <li>• Communications</li> <li>• Basic Life Support</li> <li>• Level 1 First Aid</li> <li>• Paediatric Life Support</li> <li>• Level 2 First Aid</li> <li>• Surfboard Rescue and Fitness</li> </ul> <p><b>(PLEASE NOTE this award can be completed on a surfboard)</b></p>
<b>Award Aims:</b>	
This award establishes a standard that demonstrates the level of competence in life saving to meet the needs of the Surf Coach, enabling more location and job specific training and assessment.	
<b>Award Learning outcomes:</b>	
<ol style="list-style-type: none"> <li>1. Demonstrate the knowledge and skills to work as a Beach Lifeguard within a beach environment</li> <li>2. Demonstrate the knowledge and skills needed to Patrol a Beach as a Lifeguard</li> <li>3. Demonstrate an understanding of the working practices that are in place when working as a Beach as a Lifeguard</li> <li>4. Demonstrate an understanding of the different communication methods available to Lifeguards</li> <li>5. Demonstrate an understanding of the basic skills and knowledge to administer basic life support.</li> <li>6. Demonstrate an understanding of the skills, knowledge and competence required to undertake first aid in an aquatic environment.</li> <li>7. Demonstrate a level of competence in paddling a surf board that would give them the capability to make a rescue as required during a surf lesson</li> </ol>	
<b>Assessment Process:</b>	
<p>This course can be Trainer Assessed</p> <p>Learners will be assessed using a variety of assessment methods. These are inclusive of, but not limited to:</p> <ul style="list-style-type: none"> <li>➤ Observation</li> <li>➤ Oral Questioning</li> <li>➤ Practical demonstration</li> </ul>	
<b>Typical format of delivery:</b>	
25 Guided Learning Hours delivered over a number of set weeks or over 4 days (please note that 25 GLH is only the minimum hours that must be delivered, if candidates require additional training then additional hours can be added on)	

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Supporting Information:	
Guidance:	<ul style="list-style-type: none"><li>➤ This award will combine theory and practical activities (land and water based)</li><li>➤ This award can be Trainer Assessed</li><li>➤ Surf coaching requires a 1:10 ratio and so must surf coaches will be operating on their own and will need to have lifesaving skills to deal with situations without immediate assistance</li></ul>
Resources Available:	<ul style="list-style-type: none"><li>➤ Surf Coach Safety and Rescue Trainer Assessor Checklist</li><li>➤ Lifeguard Full award specification</li><li>➤ Lifeguard Manual</li></ul>